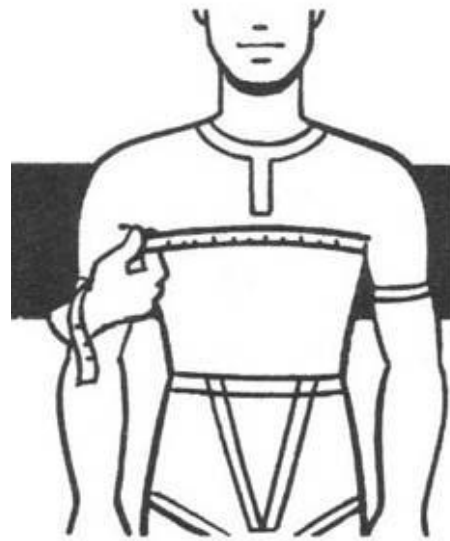


# Measuring Direction

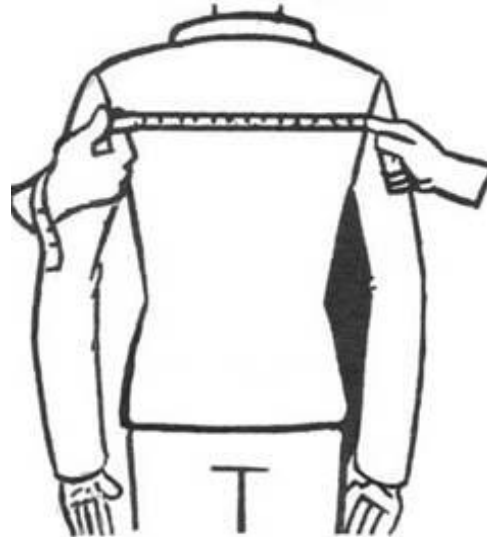
## CHEST

Raise your arms and measure on the shirt, all around. Take a deep breath and lower your arms again. Then put the measuring tape so that it can be easily hold. Do not add extra!



## BACK WIDTH

Measure from armpit to armpit across the back!



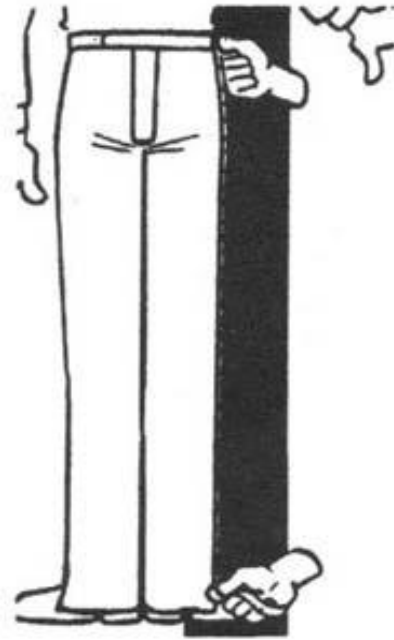
## Jacket LENGTH

Between the end of the upper body and the beginning of the neck, there is a prominent cervical bone. From there you measure to buttocks. Bear in mind that you still have enough material under your paddock to protect the kidneys adequately (for example when bending over).



### PAGE LENGTH

Here again the pelvic bone must be felt and measured up to 2 cm on the ground (without shoes), or up to the top of the shoe sole! In no case go out of the pants!



### SLEEVE LENGTH

Think of a vertical line from the armpit to the shoulder. Hang the arm and measure from this point, over the wrist, to the middle of the back of the hand!



### WAIST SIZE

Measure the largest circumference of the abdomen around. Lay the tape measure comfortably in the process! Koller and jacket automatically get a sufficient level of comfort from us. For the pants you can even add, if desired, 1-2 cm!



### **BUTTOCKS WIDE**

Measure all around, as at the waist, around the strongest point of the buttocks over the front!



### **WAIST LENGTH**

Between the end of the upper body and the beginning of the neck, there is a prominent cervical bone. From there you measure up to your waist. The waist is always at the level of the belly button, or right and left above the pelvic bone. To help the measuring person reach into the side with both hands on the pelvic bones. The thumbs form a horizontal waist line behind the back. So you get a perfect measurement result!



### **STRIDE LENGTH**

Proceed as shown and measure from the Hosenkreuz to the upper sole. Do not forget comfort in the step. Check your measurement result on an unaddressed, well fitting pants!



## HEIGHT

Please enter exact height: \_\_\_\_\_

To guarantee an exact fit we need your exact body size!

## KNEE POINT

Important if you need a knee patch with or without padding!

- take off your shoes and have your measurements measured - the measurer feels the kneecap and determines the center point by estimation; - measure now from the middle of the kneecap to the floor  
(Important: measure on the inside of your legs !!!)

